

Forest School Overview – EYFS

All sessions will begin with an active risk assessment completed by leader and then with children during Introduction. Each session will incorporate approximately 20-25 minutes free exploring time where child-led learning is encouraged. At the end of every session a forest school certificate will be awarded to at least 1 child.

<p>Life Skill – Shelter Building</p>	<p>Intent: Construct a shelter and use ropes, pegs, sticks and tarps I can work as a team to build a shelter I can describe how to use a peg I can explain how I built the shelter I can explain who needs a shelter</p>	
<p>Intro – What does a shelter do? Why do we need shelter? <u>Discuss</u>–Warmth, dry, rest, protection from animals and weather. Who needs shelter? Talk about hibernation and our own homes, do we need them for protection? Active – Hide and Seek –be clear on BOUNDARIES and identify clearly, use references to different animals and where they would hide, ask the children for examples. Skill & Main – ADULT TO LEAD- Using pegs and tarps construct a shelter working in small groups. Adults to assist with paracord where necessary each adult takes a group of children to make a group shelter. Adult asks the children how they would make a shelter, get as many children as possible doing different jobs for the group. Show the children what materials you will be using and allow the children to assist as much as possible. <u>How do we communicate with one another? How do we share ideas? Can the children choose a suitable location? Encourage descriptive and expressive words to describe the activity.</u> Mindfulness – Waterproof test – it is ok to get wet! As a big group visit each of the shelters, the children who built the shelter go in and the leader sprinkles water over the shelter to see if the children get wet. Children to help with count down and give round of applause to each group. Storytime- BOOK: TWO HOMES;1 By Claire Masurel Debrief – How did we do? What were are shelters good for? Did they keep us warm? Dry? Cool?</p>		
<p>Whole Child Development: Teamwork, problem solving, perseverance, resilience, communication, language</p>	<p>Vocabulary: Hot, cold, dry, warm, hibernate, team work, fun, structure, tarpaulin, paracord, Peg</p>	<p>Risks Identified: Head count of children before/ after game – risk of losing child, paracord round body parts, getting wet in cold weather – hypothermia, branches/ sticks at eye level.</p>
<p>Impact: Children understand shelter as an aspect of survival. Children understand why we need shelter. Reinforcing boundaries Understanding communication with others</p>		<p>Equipment: Tarpaulins (per 3-5 children), Paracord, Pegs, Water container, first aid kit</p>