

**Forest School Overview – EYFS**

All sessions will begin with an active risk assessment completed by leader and then with children during Introduction. Each session will incorporate approximately 20-30 minutes free exploring time where child-led learning is encouraged. At the end of every session a forest school certificate will be awarded to at least 1 child.

<b>Topic – Leaves</b>	<b>Intent:</b> Explore the use of leaves in games and crafts I can find different shaped leaves. I can describe how a leaf looks. I can identify how leaves sound underfoot, crunchy, slimy and smooth? I can explain why leaves are important for the trees.	
<p><b>Intro</b> – Why are leaves important for trees? Discuss Leaf picking rules. Why do leaves fall from trees? How do we know if a leaf is dying?</p> <p><b>Active –Parachute leaf game!</b> Use a tarpaulin as a parachute and lay it on the floor, ask the children to gather as many leaves as possible to put on top of the tarp. Everyone holds on and you play a game of 'hum yell', start with crouching down low...hum.....then as you stand and throw the leaves into the air, as the children to let out a yell! Re- set the game with collecting more leaves.</p> <p><b>Skill</b> – Leaf Rubbings – using crayons of different colours and different leaves to fill the page! <b>Fold the page in 6ths/ 8ths to create different boxes to fill if needed. This can be done on trees and anything in the woodland that makes a great rubbing!</b></p> <p><b>Main</b> – Leaf Crowns – Using folded card or paper, staples and double-sided tape, children add leaves to their crowns [adult led]. <b>How many leaves do they add? Can they collect/ count to 10? Are they the same colour and size? Provide leaves to children or allow them to source own.</b></p> <p><b>Mindfulness</b> – Leaf Buddy, make a smiley face on leaf – <b>can they show different emotions on other leaf buddies?</b></p> <p><b>Debrief</b> – What was your favourite leaf activity today? Can anyone remind us of the leaf picking rules? Can anyone remind us why leaves are important for trees?</p>		
<b>Whole Child Development:</b> Teamwork, Fine motor skills, Creativity, Perseverance, Empathy	<b>Vocabulary:</b> Shape, Veins, Texture, Emotion	<b>Risks Identified:</b> Contact with harmful plants, throwing items in air, use of stapler or glue
<b>Impact:</b> Children learn about nature, how to protect it and why nature is important.		<b>Equipment:</b> Leaves (if not available at site), Scrap Paper, crayons, Paper or card strips for head band, stapler & staples, glue or double-sided tape, Sharpies, Tarpaulin.



**EXPLORE LEARN GROW**

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