



The whole child: Social skills, self awareness, self regulation, empathy and self motivation.

Strand	Year 3	Year 4	Year 5	Year 6
Explore	<p>Re-enforcement of boundaries and self risk assessment.</p> <p>Identify and collect natural materials of interest safely</p> <p>Sensory exploration of forest school environment</p>	<p>Re-enforcement of boundaries and self risk assessment.</p> <p>Develop use of natural materials for own projects.</p> <p>Develop composites and construction of natural materials.</p>	<p>Self risk-assessment and regulation in exploring</p> <p>Reflect on colours, shapes and patterns in nature.</p>	<p>Self risk- assessment and regulation in exploring</p> <p>Developing observation skills of FS site. (Develop from site surveys)</p> <p>Developing multi sensory exploration</p>
Topic	<p>Explain environmental exploration.</p> <p>Explain curriculum and topic links</p> <p>Introduction to trees, identification, parts and purpose</p>	<p>Develop environmental exploration.</p> <p>Develop responses to topic work</p> <p>Introduce knowledge about the wildlife habitats within school grounds and local area</p> <p>Introduce knowledge to identify, observe and construct habitats</p>	<p>Extend own exploration- implicate environmental based choices.</p> <p>Extend and combine topic and curriculum links with own knowledge of the environment.</p> <p>Extend knowledge about recycling and protecting the environment</p>	<p>Refine choices to work with the environment successfully.</p> <p>Refine understanding of curriculum and topic links using the environment as a starting point.</p> <p>Refine knowledge about the wildlife within forest school grounds and local area</p> <p>Refine knowledge about how to help protect wildlife</p>
Life Skill	<p>Explain mindfulness techniques. (Link to Jigsaw) self awareness.</p> <p>Explain knot tying and purpose - previous plus round turn two half hitches</p> <p>Explain use for communication, teamwork and problem solving skills</p> <p>Exploring growth in plants for food.</p>	<p>Develop mindfulness techniques</p> <p>Develop knot tying and introduction to lashings and reef knot</p> <p>Develop use of communication, teamwork, problem solving and resilience</p> <p>Develop growth in plants for food and wildlife</p>	<p>Extend mindfulness techniques and encourage self led</p> <p>Extend knot skills - previous plus Clove Hitch</p> <p>Understanding ecological impact on site- site survey.</p> <p>Extend growth in plants for survival</p>	<p>Refine mindfulness techniques including self led</p> <p>Refine knot skills - previous plus bowline</p> <p>Ecological consideration and sustainability.</p> <p>Refine growth in plants for food, wildlife and/or survival</p>
First Aid	<p>Emergency Services 999</p> <p>Hypothermia</p> <p>Hyperthermia (heat stroke/exhaustion)</p> <p>Splinters Insect bites/stings. Plant reactions</p>	<p>How do you know someone is hurt/ needs help?</p> <p>Use 'DRS' to assess/assist a person</p> <p>Use 'ABC' to assess an unconscious patient</p> <p>Introduce What 3 Words</p>	<p>Review year 4 knowledge</p> <p>Dressings Slings</p> <p>Sprains & Strains Shock</p> <p>Concussion & Compression Burns</p>	<p>Review DRABC</p> <p>CPR</p> <p>Using the AED</p> <p>Review prior knowledge</p>
Seasonal/ Celebration including craft	<p>Linking seasonal change: Religious and nature based observations.</p> <p>Develop the use of craft tools for purpose and technique</p> <p>Improved independent response using natural materials, colours, patterns and textures</p>	<p>Develop response to seasonal change for related festivals and celebrations.</p> <p>Extend the use of craft tools for purpose and technique</p> <p>Develop use of natural materials for own desired outcome.</p>	<p>Build on prior understanding to extend responses.</p> <p>Further develop own responses/new ideas to alternative seasonal celebrations.</p>	<p>Refine own responses to nature and natural resources.</p> <p>Refine use of resources for own artistic interpretation.</p> <p>Incorporate knowledge of life processes into own reflections of seasonal change.</p>
Tools	<p>Continuation of the use of basic tools and independent cutting.</p> <p>Introduction to drilling holes, appropriate pressure and precision</p> <p>Explain safety procedures and 'tool talk'</p>	<p>Continuation of the use of basic tools, larger ropes and raw materials</p> <p>Introduction to saw including bow, hack and/or tenor</p> <p>Develop safety procedures and 'tool talk'</p>	<p>Continuation of the use of basic tools, sourcing materials and assessing accordingly</p> <p>Introduction to hatchet axe and mallet (two tool combination)</p> <p>Extend safety procedures and 'tool talk'</p>	<p>Continuation of the use of basic tools, sourcing materials and assessing accordingly</p> <p>Introduction to knives and whittling skills</p> <p>Refine safety procedures and 'tool talk'</p>
Fire Safety	<p>Explain fire safety and campfire cooking</p> <p>Explain use of fire strikers</p> <p>Introduction to fairy fires and fire triangle</p> <p>Explain fire extinguishing and understanding</p>	<p>Develop fire safety and campfire cooking</p> <p>Develop use of fire strikers</p> <p>Introduction to different fire lighting methods</p> <p>Develop fire extinguishing understanding</p>	<p>Extend fire safety and campfire cooking</p> <p>Extend use of fire striker and different tinders</p> <p>Introduction to campfire structures</p> <p>Extend fire extinguishing understanding</p>	<p>Refine fire safety and campfire cooking</p> <p>Refine use of fire striker, tinders and campfire structures</p> <p>Refine fire extinguishing and understanding</p>