



So You're thinking of Getting your Child a Smart Mobile Phone ...

If you are thinking about getting your child a smartphone, we would recommend you consider the following things to help establish healthy boundaries that enable you and your child to keep them safe online.

Set up the Device Safely	Talk About How to Stay Safe Online	Parental Control Apps	Family Agreement
<p>Use the device settings so you can only download age appropriate apps and games.</p> <p>Disable location services so your child doesn't unintentionally share their location with others.</p> <p>Set up devices with password control, or disable in-app purchasing so big bills don't run up accidentally.</p> <p>Download age-appropriate apps you're happy for your child to use.</p>	<p>Make sure your child keeps personal or private information to themselves.</p> <p>Have bite-sized conversations that are relevant to your child and encourage them to share what they have been doing online</p> <p>Model the behaviour you want them to show by sharing about your day</p> <p>Create a safe space for talking and ensure that your child feels listened to rather than cornered</p>	<p>Use this link to find out more about how to use parental controls within apps: https://www.internetmatters.org/parental-controls/</p> <p>Consider whether you would like to add link your child's phone with a tracking app on your device so you are able to always see their location.</p> <p>Consider whether you want to limit screentime during certain periods of the day or for a particular length of time.</p>	<p>Make an agreement about your child's online use.</p> <p>For example, you may decide your child always needs to share their password with you however that you will only use it to check your child's use of the phone when he/she is present.</p>

