



# Wool CE Primary School

## PE Unit Overview



Year A	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Reception	<b>Locomotion:</b> Walking	<b>Gymnastics:</b> Floor - moving	Ball Skills Hands 1	<b>Gymnastics:</b> High, Low, Over, Under	<b>Dance</b> Nursery Rhymes	Ball Skills Hands 2	<b>Dance:</b> Dinosaurs	Ball Skills Feet	<b>Locomotion:</b> Jumping	<b>Dance:</b> Ourselves	Games For Understanding	
Year 1/2	<b>Locomotion:</b> Running	<b>Gymnastics:</b> Wide, Narrow, Curled	Ball Skills Hands 1	<b>Gymnastics:</b> Body Parts	Ball Skills Feet	<b>Dance:</b> Exploring	Ball Skills Hands 2	<b>Dance:</b> The Zoo	<b>Locomotion:</b> Jumping	Games For Understanding	Rackets, Bats and Balls	Team Building
Year 3/4	<b>Invasion:</b> Netball	<b>Gymnastics</b> Symmetry & Asymmetry	<b>Invasion:</b> Football	<b>OAA:</b> Communication	<b>Invasion:</b> Tag Rugby	<b>Dance</b> Wild Animals	<b>Invasion:</b> Hockey	<b>Dance:</b> Weather	<b>Net / Wall</b> Tennis	<b>Target Games:</b> Boccia	<b>Striking &amp; Fielding</b> Rounders	<b>Athletics</b>
Year 5/6	<b>Invasion:</b> Netball	<b>Gymnastics:</b> Counter Balance and Counter Tension	<b>Invasion:</b> Football	Health Related Exercise	<b>Invasion:</b> Tag Rugby	<b>Dance:</b> The Circus	<b>Invasion:</b> Hockey	<b>OAA:</b> Orienteering	<b>Striking &amp; Fielding</b> Rounders	<b>Net / Wall</b> Tennis	<b>Striking &amp; Fielding</b> Cricket	<b>Athletics</b>

Year B	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Reception	<b>Locomotion:</b> Walking	<b>Gymnastics:</b> Floor - moving	Ball Skills Hands 1	<b>Gymnastics:</b> High, Low, Over, Under	<b>Dance</b> Nursery Rhymes	Ball Skills Hands 2	<b>Dance:</b> Dinosaurs	Ball Skills Feet	<b>Locomotion:</b> Jumping	<b>Dance:</b> Ourselves	Games For Understanding	
Year 1/2	<b>Locomotion:</b> Dodging	<b>Gymnastics:</b> Linking	Ball Skills Hands 1	<b>Gymnastics:</b> Pathways	Ball Skills Feet	<b>Dance:</b> Heroes	Ball Skills Hands 2	<b>Dance:</b> Growing	<b>Locomotion:</b> Jumping	Games For Understanding	Team Building	Health and Wellbeing
Year 3/4	<b>Invasion:</b> Basketball	<b>Gymnastics:</b> Bridges	<b>Invasion:</b> Football	<b>OAA:</b> Communication	<b>Invasion:</b> Handball	<b>Dance:</b> Cats	<b>Invasion:</b> Dodgeball	<b>Dance:</b> Space	<b>Net / Wall</b> Tennis	<b>OAA:</b> Problem Solving	<b>Striking &amp; Fielding</b> Rounders	<b>Athletics</b>
Year 5/6	<b>Invasion:</b> Basketball	<b>Gymnastics:</b> Matching & Mirroring	<b>Invasion:</b> Football	Health Related Exercise	<b>Invasion:</b> Handball	<b>Dance:</b> Carnival	<b>Invasion:</b> Dodgeball	<b>OAA:</b> Leadership	<b>Striking &amp; Fielding</b> Rounders	<b>Net / Wall</b> Tennis	<b>Striking &amp; Fielding</b> Cricket	<b>Athletics</b>