



## Autumn Weekly Bulletin 02

Friday 11th September 2026

Rooted in the community to grow and flourish

The Parable of the Mustard Seed, Matthew 13: 31-32

Dear Families,

As we reach the end of our first full week back at school, I want to thank you for all you have done to support us. Staff have been really impressed with children showing they are 'ready to learn' and we expressed our pride in their efforts through our Celebrations Assembly this afternoon. It is always a joy to see children congratulating each and showing aspiration, resilience and kindness

Today, I want to take this opportunity to share some of the many ways in which we promote healthy lifestyles across our school community. Supporting children to develop healthy minds and healthy bodies is something we place great importance on, as we know that good physical and emotional wellbeing helps children to thrive both in and out of the classroom. Our PSHCE curriculum teaches children about making healthy choices and forming healthy relationships, and we also discuss how we can keep our bodies fit and promote positive mental health.

One of the key ways we encourage healthy lifestyles is through regular physical activity. Every child has opportunities to be active throughout the school day, including morning break and lunchtime, when they can enjoy fresh air, movement and play with their friends. In addition, all pupils take part in PE and sports lessons each week, helping them to develop and refine physical skills, confidence and enjoyment of exercise. We also work with external providers to offer a range of after-school sports clubs for families who wish their children to take part in additional activities.

Staying active is not only important for physical health but also for positive mental wellbeing. Throughout the week, classes take part in active movement breaks and engage in activities such as Stormbreak, which help children understand the connection between physical activities, mindfulness and emotional wellbeing. These short opportunities to move, refocus and regulate emotions help children return to their learning feeling refreshed and ready to succeed.

In addition, food and hydration play a vital role in supporting a healthy lifestyle. We ask all children to bring a named water bottle to school each day so they can access water throughout lessons and remain well hydrated. If you wish, children may also bring an additional drink to have with their lunch, such as juice or squash. Only bottles filled with plain water will be kept in the classroom and please do not send in drinks containing electrolytes or which are fizzy.

Reception and Key Stage 1 pupils continue to benefit from the government's fruit and vegetable scheme and receive a free piece of fruit or vegetable each morning. For our Key Stage 2 pupils, we encourage parents to provide a healthy snack, such as a piece of fruit or vegetable, to help support concentration and sustained energy levels. Whilst lunchboxes may include other snacks and treats, we try to keep our mid-morning snack focus on healthy, wholesome options that support children's growing bodies and developing brains. Thank you for supporting us with this.



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Finally, I am excited to be able to offer all our families the chance to access some free passes you can use outside of school. As you may be aware, we are fortunate to have some fantastic local partnerships that encourage children and families to spend time outdoors together and help us promote active lifestyles. One of these is through Planet Purbeck and Purbeck Goes Wild. We have recently been provided with **three free family passes** which offer free parking at both Corfe Castle and Studland. These passes provide wonderful opportunities for families to explore the historic castle grounds, enjoy adventures on the beach and spend quality time together in the great outdoors.

The passes are available to borrow from the school office and can be returned after a weekend or holiday period. If there is a particular date you would like to reserve a pass, please email the school office and we will ensure it is ready for collection on the appropriate day.

Thank you, as always, for working alongside us to promote healthy minds and healthy bodies in our children. By working together, we can nurture positive habits in our children that will benefit them throughout their lives.

Have a wonderful weekend,

Mrs Griffiths



### Best Seat in the House

The Best Seat in the House is awarded to pupils who have gone above and beyond to earn Track It Lights points throughout the week.



### Attendance

Attendance figures for this week are:

Reception: 100%

Year 1: 100%

Year 2: 98%

Year 3: 91.6%

Year 4: 95.3%

Year 5: 98.8%

Year 6: 94.1%

Whole School Attendance: 96.3%

Notification of a child's absence must be reported to the school office on each day of absence.

A phone call or email must be received by the school office prior to 09:00 giving the reason for absence.

Attendance monitoring takes place regularly in school and a termly inspection is carried out by Dorset Council. If your child's absence drops below 90%, you will receive a letter expressing concern.



### Diary Dates

Tuesday 15<sup>th</sup> September – SEND drop-in session – 08:30 – 09:30

Thursday 1<sup>st</sup> October – Flu Immunisation Team in school – Please see Arbor communication or speak to the school office for further information

Thursday 1<sup>st</sup> October – Skylark Class Leeson House parent/carer information meeting – 14:30

Wednesday 7<sup>th</sup> October – Harvest Festival Service at the Church - 14.15 -15.00 – parents welcome to attend

Thursday 8<sup>th</sup> October – Open morning for prospective families - 9.15am to 11.30am

Thursday 15<sup>th</sup> October- SEND Parent/carer/teacher meetings for 08:30 – 16:30 – further information to follow

Tuesday 20<sup>th</sup> October - Parent/carer/teacher meetings – 15:20 – 17:30 – further information to follow

Thursday 22<sup>nd</sup> October - Parent/carer/teacher meetings – 15:20 – 17:30 – further information to follow

Sunday 25<sup>th</sup> October – Bovington Together Harvest Festival 2pm – 4pm @ Bovington Memorial Hall

Friday 23<sup>rd</sup> October – INSET Day – School closed to pupils

Monday 26<sup>th</sup> October- Friday 30<sup>th</sup> October – Half Term

Monday 2<sup>nd</sup> November- Return to school

Monday 23<sup>rd</sup> November – Individual and family photographs

Monday 23<sup>rd</sup> November – Owl Class Brenscombe parent/carer information meeting – 14:30

Tuesday 8<sup>th</sup> December – Pre-school - Christmas Concert -10.00-12.00

Tuesday 15<sup>th</sup> December – KS1 – Nativity Performance -TBC

Wednesday 16<sup>th</sup> December -KS2 Christmas Celebrations -14.15

Friday 18<sup>th</sup> December – Last day of term – 13:15 finish time



Monday 21<sup>st</sup> December – Friday 1<sup>st</sup> January – Christmas Break

Monday 4<sup>th</sup> January - INSET Day – School closed to pupils

Thursday 4<sup>th</sup> March – Yr 3/4 – singing project – Skylarks will be joining other primary schools in putting together a concert – more info to follow

Wednesday 26<sup>th</sup> May – Friday 28<sup>th</sup> May – Skylark class Leeson House residential trip

Wednesday 30<sup>th</sup> June – Friday 2<sup>nd</sup> July – Owl class Brenscombe residential trip